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www.NextStepFoot.com

## Welcome to our practice!

We are happy you chose us for your foot care needs.

First, please take a moment to complete your **New Patient Intake forms**.

You will then be prompted to read through and sign our **Financial & Privacy Policy Agreement**.

In order to ensure a speedy intake process, please complete and submit  
**before your scheduled appointment date.**

Thank you for taking the Next Step with us!

**Next Step Foot & Ankle Clinic & Surgery**  
Darren Silvester, DPM, FACFAS, FABFAS, FAENS  
Gregory Larsen, DPM, AENS  
Sara Grzywa, DPM, AACFAS

### 1. YOUR INFORMATION

|            |       |                   |                              |              |         |
|------------|-------|-------------------|------------------------------|--------------|---------|
| Last Name: |       | Legal First Name: |                              | Middle Name: |         |
| _____      |       | _____             |                              | _____        |         |
| DOB:       | Age:  | Shoe Size:        | Gender:                      | Weight:      | Height: |
| _____      | _____ | _____             | <input type="radio"/> Male   | _____        | _____   |
|            |       |                   | <input type="radio"/> Female |              |         |
| Address:   |       |                   |                              | Apt #:       | City:   |
| _____      |       |                   |                              | _____        | _____   |
| State      | Zip:  | Email:            | Phone:                       |              |         |
| _____      | _____ | _____             | _____                        |              |         |

How did you hear about us?

- Friend/Family
- Physician Referral
- Website
- Google Search (ie. Podiatrist near me)
- Google Search (ie. A Specific Foot/Ankle Condition)
- Email Blast
- Blog
- YouTube
- Facebook
- Instagram
- Sign
- Other

If Friend/Family, please provide FIRST and LAST name of patient so we can thank them: \_\_\_\_\_  
 If other: \_\_\_\_\_

WHY IS THIS SO IMPORTANT TO US? Sharing how you found us helps us know what avenues are working best to reach those in pain and in need for foot and ankle care. It allows us to allot our funds conservatively regarding outreaching those who need care and utilizing those funds to provide treatment options and technology other podiatrists are unable to due to cost. So, thank you from all of us at Next Step Foot & Ankle clinic for sharing. :)

Reason for your visit with us? \_\_\_\_\_ Date occurred: \_\_\_\_\_

Tell us something personal? (Hobbies, interests, etc.) This will help us get to know you better. :) \_\_\_\_\_

## 2. EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Contact Number: \_\_\_\_\_

PCP or Referring Physician (Full Name): \_\_\_\_\_ Where are they located? \_\_\_\_\_ Contact Number: \_\_\_\_\_

If Diabetic, Full Name of Diabetic Dr: \_\_\_\_\_ Where are they located? \_\_\_\_\_ Contact Number: \_\_\_\_\_ When did you see them last? \_\_\_\_\_

A1C Score: \_\_\_\_\_

## 3. INSURANCE INFORMATION

Do you have insurance  Yes  No  
 Are you the:  Primary Insured  Dependent  
 Does the card say:  HMO  PPO  EPO

Is your Injury/Condition:  Work Related  
 If other: \_\_\_\_\_ Does it require a referral?  Yes  No

Primary Insurance Company: \_\_\_\_\_ Group Number: \_\_\_\_\_ Member ID / Policy #: \_\_\_\_\_

Client Relationship to Insured:  
 Self  Spouse  Child  Other

Insured Name: \_\_\_\_\_ Insured Phone #: \_\_\_\_\_ Insured Date of Birth: \_\_\_\_\_ Insured Gender:  Female  Male

Insured Street Address: \_\_\_\_\_ Insured City: \_\_\_\_\_ Insured State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

If Tricare: \_\_\_\_\_

Sponsor Name:

Sponsor DOB:

Sponsor Social:

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4. **INSURANCE CARD** Please attach your Insurance Card. (Front & Back) If you are filling this out via SMS, you can use your camera to take a picture and upload the FRONT & BACK of your card.
  
5. **DRIVERS LICENSE** Please attach your Drivers License. (Front & Back) If you are filling this out via SMS, you can use your camera to take a picture and upload the FRONT & BACK of your card.
  
6. **PATIENT PROFILE PORTRAIT (HEADSHOT)** To help expedite your first appointment experience, you can upload your portrait/headshot [HERE](#) for us to use in our patient database system. If you are filling this out via your cellphone, you can use your camera to take a picture and upload it that way. (Please remove your hat, sunglasses, face mask, etc. that may block your face..i.e. let us see those wonderful faces and smiles)
  
7. **CURRENT PROBLEMS** Circle area(s) where the pain is in your LEFT FOOT: To indicate the pain level, change the color of the brush by selecting: Red - SEVERE | Green - MODERATE | Blue - MILD  
**MOBILE USERS:** Slide your finger upwards on the far left side of the image to scroll up.

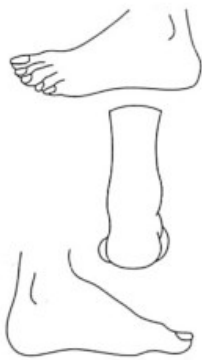
 - Severe    - Moderate    - Mild

# Left Foot

PAIN DIAGRAM



FRONT



SIDE/BACK



TOP



BOTTOM

## 8. LEFT FOOT ISSUES

Pain Scale (1-10 | 10 being the worst):

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9. CURRENT PROBLEMS Circle area(s) where the pain is in your RIGHT FOOT: To indicate the pain level, change the color of the brush by selecting: Red - SEVERE | Green - MODERATE | Blue - MILD MOBILE USERS: Slide your finger upwards on the far left side of the image to scroll up.

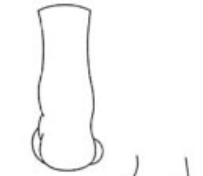
0 - Severe   1 - Moderate   2 - Mild

# Right Foot

PAIN DIAGRAM



FRONT



SIDE/BACK



BOTTOM



TOP

## 10. RIGHT FOOT ISSUES

Pain Scale (1-10 | 10 being the worst):

\_\_\_\_\_

## 11. OTHER CONCERNS (Please check all that apply)

Falling

Poor Circulation

Fungus

Replace Orthotics

Ingrown Toenail

Other:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## 12. MEDICATIONS (Please provide a list of medications, dosage & frequency at first appointment)

|  | Medication Name | Dosage | Frequency | Since When? |
|--|-----------------|--------|-----------|-------------|
|  |                 |        |           |             |

|   |  |  |  |  |
|---|--|--|--|--|
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |

**13. PHARMACY INFORMATION**

Pharmacy:

Street Address: \_\_\_\_\_ Apt./Unit City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 #: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**14. ALLERGIES (Please check all that apply)**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> None          | <input type="checkbox"/> Egg              | <input type="checkbox"/> Codeine            |
| _____                                  | _____                                     | _____                                       |
| <input type="checkbox"/> Aspirin       | <input type="checkbox"/> Latex            | <input type="checkbox"/> Iodine             |
| _____                                  | _____                                     | _____                                       |
| <input type="checkbox"/> Adhesive Tape | <input type="checkbox"/> Local Anesthetic | <input type="checkbox"/> General Anesthetic |
| _____                                  | _____                                     | _____                                       |
| <input type="checkbox"/> Sulfa         | <input type="checkbox"/> Oak              | <input type="checkbox"/> Shellfish          |
| _____                                  | _____                                     | _____                                       |
| <input type="checkbox"/> Milk          | <input type="checkbox"/> Penicillin       | <input type="checkbox"/> Heparin            |
| _____                                  | _____                                     | _____                                       |
| <input type="checkbox"/> Other:        |   |   |
| _____                                  |   |   |

**15. DO YOU HAVE A (Please check all that apply)**

- Pacemaker  
 Yes  No
- Back Stimulator  
 Yes  No

**16. ATTESTATION** I do hereby attest that this information is true, accurate and complete to the best of my knowledge. I understand that any falsifications, omissions, or concealment of any material fact may subject me to all fees for services and/or other liability. I also understand that I am to notify NSFAC immediately of any changes to the above information and I will be asked to do an annual update to this registration form annually.

PRINTED PATIENT NAME OR LEGALLY AUTHORIZED REPRESENTATIVE: \_\_\_\_\_ DATE: \_\_\_\_\_

RELATIONSHIP TO PATIENT: (If Authorized Representative)

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Signature of Patient or Legally Authorized Representative:

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Signature

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Date