

## Darren J. Silvester, DPM, PA

Fellow, American College of Foot and Ankle Surgeons  
Diplomate, American Board of Foot & Ankle Surgery  
Fellow, Association of Extremity Nerve Surgeons



**Next Step**  
**Foot & Ankle**  
CLINIC

## Boyd Bills, DPM

Member, American College of Foot and Ankle Surgeons

### New Patient Packet

**Welcome to our practice!** Our goal is to provide the best possible foot care for you. Please fill out this paperwork and **immediately return it to our office.** You may mail it, fax it to our **Universal City** Office 210.257.6931 or **Pleasanton** Office 830.569.6833, email it to: [contactus@silvesterfc.com](mailto:contactus@silvesterfc.com) or drop it by during normal business hours.

### Your appointment is scheduled for:

Date \_\_\_\_\_ at \_\_\_\_\_ AM/PM

In our **Universal City / Pleasanton Clinic** with

**Dr. Silvester**

**Dr. Bills**

**Dr. Hoenig**

**A Word About Appointments:** Your time is valuable, and we strive to keep as close to your scheduled appointment time as possible. As with any medical setting, situations may occur that keep the doctor from seeing you at the scheduled time. If we are running late, we will inform you and give you the option of waiting, or rescheduling. Please call us if you are running late to see if accommodation can be made. If you are more than 15 minutes late, we may ask you to reschedule your appointment.

**If you will miss an appointment, kindly let us know. A \$25.00 fee will be assessed for no-shows.**

### **Please read and initial your consent to the following:**

**X-rays and photos of your feet may be taken during your visit.** X-rays or photos of individual feet or portions of feet may be used for medical records to document wound healing, for educational or marketing purposes. If used for educational or marketing purposes, your identity will be kept confidential. \_\_\_\_\_

**E-Prescribing.** We participate in the governmentally mandated practice of e-prescribing, which means we electronically submit prescription requests to your choice of pharmacy. This process checks for potential adverse reactions by creating a history of medications prescribed. \_\_\_\_\_

**Electronic Communication.** With your provided email address, we will subscribe you to our Patient Portal. The Patient Portal will provide a secure method of communication between our clinic and you. \_\_\_\_\_

**Patient Portal Account Information is mentioned later in this packet.**

**See the next page for important Payment Policy and Insurance Billing information.**

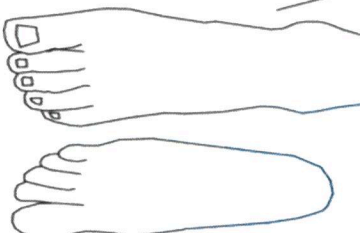
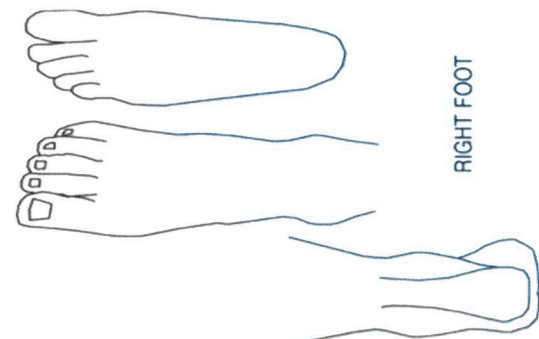
If you have questions about our office procedures, please do not hesitate to ask us. We are here to help and look forward to being your first choice in foot care.

Signature \_\_\_\_\_

Date \_\_\_\_\_

13525 Centerbrook, Suite 104, Universal City, TX 78148, 210.375.3318, Fax 210.257.6931  
409 N. Bryant Street, Pleasanton, TX 78064, 830.569.FEET (830.569.3338), Fax 830.569.6833

**[www.NextStepFoot.com](http://www.NextStepFoot.com)**

NEXT STEP FOOT AND ANKLE CLINIC										NEW PATIENT REGISTRATION FORM													
LAST NAME:			LEGAL FIRST NAME:				MIDDLE:			HEIGHT:													
DOB:		AGE:		SHOE SIZE:		GENDER: M / F		WEIGHT:		HEIGHT:													
ADDRESS:			APT:		CITY:		STATE:		ZIP:														
HOME PHONE:			WORK PHONE:		CELL PHONE:		EMAIL:																
EMERGENCY CONTACT INFORMATION																							
NAME					RELATIONSHIP					HOME #					CELL #								
PCP OR REFERRING PHYSICIAN (FULL NAME):										PHONE:													
IF DIABETIC, FULL NAME OF DIABETIC DR:					DATE LAST SEEN:					A1C Score:													
HOW DID YOU HEAR ABOUT OUR OFFICE?										FRIEND/FAMILY		INTERNET		WEBSITE		FACEBOOK		MAILING		PHYSICIAN		OTHER:	
REASON FOR VISIT WITH US?										DATE OCCURRED:													
IS YOUR INJURY/CONDITION: (CIRCLE ONE) WORK-RELATED										CAR ACCIDENT RELATED		OTHER LIABILITY		BEING PAID BY EMPLOYER									
CURRENT PROBLEMS																							
Circle Area(s) where pain is:											Circle Area(s) where pain is:												
<div><div><p>LEFT FOOT</p></div><div><p><b>Left Foot Issues</b> Pain Scale: 1 2 3 4 5 6 7 8 9 10 (ten is worst)</p><p>Severity: Mild   Moderate   Severe</p><p>How long has it hurt? _____</p><p>What time of day is it most painful? _____</p><p>Do you have pain at rest? _____</p><p>What caused the pain? _____</p><p>What have you done for it? _____</p></div></div>											<div><div><p>RIGHT FOOT</p></div><div><p><b>Right Foot Issues</b> Pain Scale: 1 2 3 4 5 6 7 8 9 10 (ten is worst)</p><p>Severity: Mild   Moderate   Severe</p><p>How long has it hurt? _____</p><p>What time of day is it most painful? _____</p><p>Do you have pain at rest? _____</p><p>What caused the pain? _____</p><p>What have you done for it? _____</p></div></div>												
Other Concerns: (Please Circle)											Other Concerns: (Please Circle)												
Falling											Falling												
Poor Circulation											Poor Circulation												
Fungus											Fungus												
Ingrown Toenail											Ingrown Toenail												
Diabetic Shoes											Diabetic Shoes												
Replace Orthotics											Replace Orthotics												
Other _____											Other _____												
Edited Jan 2019																							



PAST MEDICAL HISTORY (PLEASE CIRCLE ALL THAT APPLY)										
NONE	CAD	COPD/LUNG	DIABETES	GOUT	INJURY LEGS/FEET	MRSA	RSD / CRPS	TB		
ANXIETY	CANCER	DVT, BLOOD CLOT	FIRBOM YALGIA	HEPATITIS	KIDNEY DISEASE	NEUROPATHY	SEIZURES	THYROID		
ARTHRITIS	CHOLESTEROL	DEPRESSION	GI, ULCER	HYPERTENSION	LIVER DISEASE	OSTEOPOROSIS	STROKE	ASTHMA		
HEART FAILURE	DEMENTIA	GERD,ACID REFLUX	HIV		MYOCARDIAL	PAIN IN LEGS/FEET	SWELLING OF			
VACCINATIONS		FLU MONTH YEAR	PNEUMONIA MONTH YEAR		TETANUS MONTH YEAR					
PREVIOUS PROCEDURES OR SURGERIES (PLEASE CIRCLE ALL THAT APPLY)										
NONE	BUNION	HIP SURGERY	LOWER EXTREM BYPASS	AMPUTATION OF	CORONARY BYPASS	KIDNEY TRANSPLANT	LOWER EXTREM STENT	ANGIOPLASTY / STENT		
FOOT OR ANKLE SURGERY	PACEMAKER	APPENDECTOMY	GALL BLADDER SURGERY	STEROID INJECTION	BLOOD TRANSFUSION	GASTRIC BANDING	LIVER TRANSPLANT	OTHER:		
PHARMACY INFORMATION & MEDICATIONS (PLEASE PROVIDE A LIST OF MEDICATIONS, DOSAGE & FREQUENCY AT FIRST APPOINTMENT)										
PHARMACY:										
ALLERGIES (PLEASE CIRCLE ALL THAT APPLY)										
STREET	NONE		EGG	ADHESIVE TAPE	SULFA	OAK	PENICILLINS			
	CODEINE		LATEX	LOCAL ANESTHETIC	SHELLFISH	MILK	HEPARIN			
CITY / ZIP:	ASPIRIN		IODINE	GENERAL ANESTHETIC						
PHONE:	OTHER ALLERGIES:				DO YOU HAVE: (PLEASE CIRCLE) PACEMAKER YES OR NO BACK STIMULATOR YES OR NO					
FAX:										
ATTESTATION										
I DO HEARBY ATTEST THAT THIS INFORMATION IS TRUE, ACCURATE, AND COMPLETE TO THE BEST OF MY KNOWLEDGE. I UNDERSTAND THAT ANY FALSIFICATIONS, OMISSIONS, OR CONCEALMENT OF ANY MATERIAL FACT MAY SUBJECT ME TO ALL FEES FOR SERVICES AND/OR OTHER LIABILITY. I ALSO UNDERSTAND THAT I AM TO NOTIFY NSFAC IMMEDIATELY OF ANY CHANGES TO THE ABOVE INFORMATION, AND I WILL BE ASKED TO DO AN ANNUAL UPDATE TO THIS REGISTRATION FORM ANNUALLY.										
PRINTED PATIENT NAME OR LEGALLY AUTHORIZED REPRESENTATIVE:							DATE:			
SIGNATURE OF PATIENT OR LEGALLY AUTHORIZED REPRESENTATIVE:					RELATIONSHIP TO PATIENT:					
Edited Jan 2019										

**List of Medications for** \_\_\_\_\_

**Date of Birth :** \_\_\_\_\_ **Today's Date :** \_\_\_\_\_

Please give us an accurate list of medications that you take. **List allergies below.**

Medication	Dose	Frequency
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		

I have an allergy or sensitivity to the following drug(s):

\_\_\_\_\_



## Next Step Foot & Ankle Clinic Financial Policy and Privacy Policy

Thank you for choosing our office to provide your foot and ankle care. We strive to make our payment policy as clear as possible for our patients. The medical services provided by our offices are services you have elected to receive, which implies a financial responsibility on your part.

**INSURANCE:** Next Step Foot & Ankle Clinic (NSFAC) does not participate in all insurance networks; our in-network list is available on our website. Claims will be submitted electronically to your insurance provider. It is our policy to verify your insurance benefits to give our best estimate of what your portion will be. **We will collect payment for copays, unmet deductibles, coinsurances, and balances that apply at the time of service.** Your insurance company may need you to supply certain information to them directly. It is your responsibility to get this information to them in a timely manner. Claim balances become patient responsibility if insurance requests are ignored. Please be aware that the balance of your claim is your responsibility whether or not your insurance company pays on your claim. Your insurance benefit is a contract between you and your insurance company.

**MEDICARE:** We are a participating Medicare provider. We will bill Medicare and any secondary policy. However, that does not mean that all services are covered. Non-covered services will be identified as such, and you will have the choice to receive or not receive these services. You are responsible for paying your annual Medicare deductible. You are also responsible for any coinsurance, which is 20% of the Medicare allowed amount for an item or service. We do not participate in all Medicare replacement plans.

**SECONDARY & TERTIARY INSURANCE:** Your medical claim will be forwarded to your secondary insurance after payment or explanation of benefits (EOB) is received from your primary insurance. We do not bill your tertiary insurance.

**SELF-PAY:** Payment in full is due at the time of service if you do not have health insurance, and for items not covered by insurance. We accept cash, money orders, check, Visa, MasterCard, Discover, and Care Credit. A **\$35 fee** will be assessed for all bad checks.

**NON-COVERED SERVICES:** Please be aware that some of the services you receive may not be covered or may not be considered reasonable/customary/necessary by Medicare or other insurers. You are responsible for payment for those services.

**REFERRALS/AUTHORIZATIONS:** We do not require a referral to be seen UNLESS required by your insurance plan. If you arrive for an appointment and the necessary referral or authorization is not in place, you will be given the option to reschedule or pay for those services at the time they are given. We will do all we can to help you get these in place, but ultimately it is your responsibility to understand your plan's referral/authorization requirements. NSFAC may refer patients to other providers, facilities and labs. We are not responsible for these entities. The patient should contact these outside service providers, facilities or labs directly regarding any billing questions.

**BILLING:** Patients will be sent statements at the end of the month, showing any charges, payments you have made, what your insurance company has paid on your behalf, any amounts that we have adjusted off due to our contract with your insurance company, and what your remaining financial responsibility is. Please contact our billing office immediately upon discovering any error or if you are unable to make payment. ***We realize that temporary financial problems may affect timely payment of your account. If such problems do arise, we encourage you to contact us promptly for assistance in managing your account.*** Payment arrangements will be agreed upon in writing. The third billing statement for all patients is considered **Final Notice**, and if no payment is received on your account, you will receive a letter requesting immediate payment and/or asked to set up a payment plan with us. A **rebilling charge of \$25.00 per month** will be assessed all accounts after the second statement. Please be aware that if a balance remains unpaid after the fourth billing statement, we may refer your account to collections and/or small claims court and you may be discharged from this practice. In case of defaulted Payment Plan Contracts, you agree to pay any fees and costs incurred while collecting the balance on the amount owed. If this is to occur, you will be notified by regular and certified mail

that you have 30 days to find alternative podiatric care. During that 30-day period, our physician will only be able to treat you on an emergency basis.

**REFUNDS/RETURNS:** Only unworn and non-custom items are returnable within **14 days** of receipt, if no visible signs of wear, tear, or odor. Custom items are tailored to meet individual needs; custom items are non-returnable, non-refundable. NSFAC issues patient refunds in the original tender within **30 days** of a completed investigation of the potential overpayment, as long as other outstanding accounts are resolved.

**MEDICAL RECORDS:** You may access your medical records at no charge by using our secure patient portal. There will be a **\$25 fee** for completion of disability / FMLA forms.

**MISSED APPOINTMENTS:** A **\$25 fee** will apply for appointments broken or cancelled without 24 hours advanced notice.

Patient Signature or Legal Authorized

Representative: \_\_\_\_\_ Date: \_\_\_\_\_

#### ASSIGNMENT OF BENEFITS

I, the undersigned patient or authorized representative, certify that I have coverage as presented, and assign directly to DJ Silvester, DPM, PA/Next Step Foot & Ankle Clinic all insurance benefits payable to me for services rendered. I understand that I am liable for payment of deductibles, copayments, and/or non-covered services. I authorize the release of medical information to my insurance carrier or requested physician to provide continuity of care. I authorize the use of my signature on all insurance submissions.

I understand that it is my responsibility to notify the doctor's office if there is any change to my insurance coverage.

I have read the above policy regarding My Financial Responsibility to Next Step Foot & Ankle Clinic/DJ Silvester DPM PA for medical services and products provided. I agree to pay Next Step Foot & Ankle Clinic/DJ Silvester DPM PA any balance unpaid by my insurance carrier for myself or the patient named below.

Print Patient Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

If signature above is not Patient, relationship to Patient \_\_\_\_\_

#### PATIENT ACKNOWLEDGMENT OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I have been given the opportunity to read a copy of Notice of Privacy Practices. This Notice of Privacy Practices is available in our office, and on our website: [www.nextstepfoot.com](http://www.nextstepfoot.com). Protected Health Information (PHI) may consist of items such as diagnoses, treatments, labs, prescriptions and appointments.

#### **Who may we discuss your Protected Health Information with?**

\_\_\_ Spouse: Name and phone number \_\_\_\_\_

\_\_\_ Child: Name and phone number \_\_\_\_\_

\_\_\_ Other: Name and phone number \_\_\_\_\_

Print Patient Name \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_\_

If signature above is not Patient, relationship to Patient \_\_\_\_\_

----OR----

DOCUMENTATION of FAILURE TO OBTAIN SIGNED ACKNOWLEDGMENT: Patient or agent refused to provide a signature.

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_ Revised January 2019

## Next Step Foot & Ankle Clinic Patient Portal

Next Step Foot & Ankle Clinic has established an internet-based patient portal to help effectively and securely manage your healthcare information as required by Medicare.

Use Next Step Foot & Ankle Clinic Patient Portal for:

- Returning your New Patient Paperwork before your 1<sup>st</sup> Appointment
- Non-Urgent Secure E-mail Communication with Medical Assistants and Doctor
- Non-Urgent Prescription Refill Requests
- Updated insurance information
- Access Clinic Visit Summaries
- Work / School Note Requests
- Any Questions or Concerns

### Your Patient Portal Account Information

**User Name:** First Initial First Name, Full Last Name, Year of Birth  
ex. JSmith1949 (initial letter of first and last name in caps)

**Password:** Passwords are automatically generated by the portal. **You will receive a second email from us with your Patient Portal Registration Information.**

To log in to the Patient Portal, visit our website at  
[www.NextStepFoot.com](http://www.NextStepFoot.com)



Look for the red Patient Portal button  
on the right-hand side of the screen.

If you have trouble logging in, please call the office.  
Universal City 210.375.3318  
Pleasanton 830.569.3338